



Equipment Information and Rental Policy

The following is a list of equipment that is **mandatory for all skaters**. The equipment must be on **BEFORE** a skater goes on the ice:

HEAD PROTECTION

A helmet. Ski/snowboard, hockey or roller sport helmets are all acceptable. Bike helmets cannot be used because the large vents allow skate blades to pass through.

EYE PROTECTION

Shatter-resistant clear glasses or a complete visor are required for all skaters. All glasses must be held in place by a strap.

NECK PROTECTION

A neck guard - bib style.

HAND PROTECTION

Cut-proof gloves or mittens. Ski mitts or leather gloves are best. Hockey gloves are also acceptable.

KNEE PROTECTION

Knee pads. Soft, volleyball style pads are preferred, although plastic roller sport pads are also acceptable. If possible, plastic pads should be worn underneath the skater's pants. Hockey knee/shin pads are acceptable, but may limit the skater's movement. Knee pads that are built-in to a skin suit are also acceptable.

SHIN PROTECTION

Shin guards. Hard soccer shin guards are best, but hockey knee/shin pads are also acceptable.

ANKLE PROTECTION

Well-fitting, tall socks. Socks that are too short can cause skin irritation and blisters due to friction against the inside of the skates. A cut and puncture resistant anklet must be worn on both legs, covering the legs from the tops of the boots to 10 cm above the tops of the boots.

SKATE BLADES

The rear and front tips of all skate blades must be rounded to a minimum radius of 1cm.

REST OF BODY PROTECTION

Comfortable, athletic-style long sleeve top and pants. A skin suit is not required at the introductory level. As a skater progresses in the sport and begins to compete at national-level competitions, they will require a skin suit with cut-proof material meeting or exceeding ISU standards.



WILLIAMS LAKE SPEED SKATING ASSOCIATION

525 Proctor Street, Williams Lake, BC V2G 4J1



Rental Policy

The following are a list of available items for rent with a fee*

Skates (older, newer, competitive)	\$50 \$100 \$150
Suits (older, newer without/with kevlar)	\$50 \$100 \$150
Helmets	\$10
Gloves**	\$5
Glasses	\$5
Bibs	\$5
Ankle Socks	\$5

*Please note: equipment is in limited supply and will be rented out accordingly

** Please consider investing in your own pair of gloves

A damage deposit is required. Either:

- \$250 post dated cheque, dated April 1st of the following year, or
- Cash

The damage deposit will only be cashed or kept if the skates have rust on blades, are lost, or otherwise damaged to a point where they are unusable, or if any equipment is not returned by April 1st of the following year.

☐ I understand the above information and have submitted a \$250 posted cheque or cash

☐ I understand the above information and have my own appropriate skating equipment

Skater Name: _____ Date: _____

Parent or Guardian: _____ Signature: _____

Cheque # (if required): _____

Club Registrar: _____

Phone: 250 208 1054

Email: WLSSAPresident@gmail.com

